Accelerated Exponential Fitting for Rapid Relaxation Time Mapping

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Introduction

Mapping of relaxation times such as T_1 and T_2 generally involves the fitting of an exponential function to the evolution of the signal intensity in each pixel of a time series of images. The prevalent method employed for this purpose, the Levenberg-Marquardt method, pursues a non-linear least squares approach [1]. For applications that require a rapid mapping, its high computational complexity is a limiting factor, however. Other, faster methods have been devised, but they prove less accurate. For instance, a linear regression leads to an unstable estimation in the presence of noise, and a numerical integration to a systematic overestimation [2]. To decrease computational complexity while conserving accuracy, the present work suggests to solve the non-linear regression problem by searching for a real root of a polynomial in a small interval, and it demonstrates this approach on T_2^* mapping.

Methods

Let s_k denote the samples of signal intensity taken at $k\Delta t$, where $k = 0 \dots N-1$. The best fit of a monoexponential decay to this time series in a least squares sense is given by the minimum of the error function

$$\varepsilon(c,q) = \sum_{k=0}^{N-1} (s_k - c q^k)^2$$
, with $q = e^{-\lambda \Delta t}$

For finite positive relaxation times, q is confined to the interval (0,1). Setting the partial derivatives of ε with respect to c and q to zero and eliminating c yields

$$p(q) = p_1(q)g_1(q) - p_2(q)g_2(q)$$

where

$$p_{1}(q) = \sum_{k=1}^{N-1} s_{k} k q^{k} , \qquad p_{2}(q) = \sum_{k=0}^{N-1} s_{k} q^{k} ,$$

$$g_{1}(q) = \frac{1-q^{2N}}{1-q^{2}} , \qquad g_{2}(q) = \frac{1}{1-q^{2}} \left(\frac{q^{2}-q^{2N}}{1-q^{2}} - (N-1) q^{2N} \right).$$

Finding the best fit is thus reduced to searching for a real root of the polynomial p(q) in the interval (0,1). Among the various methods available for such a search [3], the Newton-Raphson method is one of the most efficient. It requires the evaluation of both p and its first derivate p' for arbitrary q. The latter may be expressed as

$$p'(q) = p_3(q)g_1(q) + 2p_1(q)g_2(q)/q - p_1(q)g_2(q)/q - p_2(q)g_3(q),$$

where

$$p_{3}(q) = \sum_{k=0}^{N-2} s_{k+1}(k+1)^{2} q^{k} , \quad g_{3}(q) = \frac{2}{q(1-q^{2})} (2g_{2}(q) - g_{1}(q) - (N-1)^{2} q^{2N} + 1) .$$

In this way, the computation of p and p' for one q essentially involves the calculation of p_1 , p_2 , and p_3 only, which amounts to about 9N floating point calculations per iteration. An initial guess for q is, for instance, obtained from any two samples of the time series.

Results

Fig. 1 illustrates this approach for an ideal monoexponential decay with added noise. The corresponding p(q) shows exactly one real root in the interval (0,1). Starting with the inverse ratio of the first two samples, the deviation from the result of the Levenberg-Marquardt method was less than 0.2% after only two iterations.

The application of this approach to a series of 30 brain images, which were acquired with a multi-gradient echo sequence ($\Delta TE = 1.9 \text{ ms}$), to map T_2^* confirmed that a small number of iterations is sufficient to attain a high accuracy, even in the presence of significant noise. Fig. 2 shows the decrease in error with increasing number of iterations in this case, using again the results of the Levenberg-Marquardt method as reference. By comparison, the numerical integration approach yielded an error of about 10^{-1} .

Discussion

The shape of p(q) in Fig. 1b was found to be typical. It suggests to preferably start with an overestimation of q to exploit the more rapid variation of p for higher q and to prevent a convergence towards q = 0. Such an overestimation is, among others, provided by the numerical integration approach.

Conclusions

The described root finding approach is applicable to the fitting of a monoexponential function to an equidistantly sampled time series of signal intensities. It achieves essentially the same accuracy as the Levenberg-Marquardt method, but requires only a fraction of the calculations. Hence, it appears particularly suited for the real-time quantification of relaxation time changes. Whether this approach can be adapted to more complex models of relaxation remains to be investigated.



Fig. 1. **a**: Simulated input data (solid) and fitted exponential decay (dashed). **b**: Corresponding polynomial p(q) with one real root in the interval (0,1).



Fig. 2. Progression of the average relative error in the T_2^* estimation as a function of the number of iterations.

References

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